

# PERSONAL AND HOUSEHOLD RISK INFORMATION



This information sheet helps identify those who are most at risk should they contract COVID-19. You should identify whether you or a member of your household is at higher risk. If you are, please discuss the risk of returning to Cheerleading with your GP and your coaches to make an informed decision as to whether returning to Cheerleading is appropriate and safe for you and your family.

## STATEMENTS TO APPLY TO YOU OR YOUR HOUSEHOLD

- Had a solid organ transplant
- Undergoing treatment currently or in last 6 months for any cancer
- Currently taking or in the last 6 months have taken immunosuppressant medication Have a respiratory condition including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary (COPD).
- Have any rare diseases or inborn errors of metabolism that significantly increase the risk of infections (such as Severe Combined Immunodeficiency (SCID), homozygous sickle cell).
- Pregnant
- Aged 70 or older
- Have one or more of the underlying health conditions listed below:
  - chronic (long-term) mild to moderate respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
  - chronic heart disease, such as heart failure
  - chronic kidney disease - chronic liver disease, such as hepatitis
  - chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), or cerebral palsy
  - diabetes
  - a weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets
  - being seriously overweight (a body mass index (BMI) of 40 or above)
- Are you providing caring responsibilities for anyone meeting any of the above criteria?